WEEK 3

NUTRITIOUS

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES					
OPTION 1	Red Pepper and Nut-Free Pesto Spaghetti (V)	Chinese Vegetable Noodles (V) (Nutritionist's Choice)	Quorn Roast with Roast Potatoes, Yorkshire Pudding and Gravy (V)	Macaroni Cheese (V)	Quorn Dippers with Chips (VE)
OPTION 2	Cheese and Tomato Pizza with Nut-Free Pesto Pasta (V) (Wholegrain)	Homemade Sausage Roll with Herby Diced Potatoes	Roast Chicken with Roast Potatoes, Yorkshire Pudding and Gravy	Beef Bolognese with Pasta (Nutritionist's Choice)	Fish Fingers or Chicken Goujons with Chips
OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V)
	HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD				
DELI DISHES					
OPTION 4	Ham Sandwich	Cheese Sandwich (V)	Chicken Sandwich	Cheese Wrap (V)	Egg Sandwich (V)
OPTION 5	Egg Mayonnaise Sandwich (V)	Ham Wrap	Cheese Wrap (V)	Tuna Mayonnaise Sandwich	Cheese and Cucumber Wrap (V)
	DELI DISHES ARE SERVED WITH MIXED SALAD				
DESSERT	Oat Cookie with fresh fruit slices (VE) (Fruity!) (Nutritionist's Choice)	Vanilla Ice Cream	Chocolate Cookie (VE) (Fruity!) (Nutritionist's Choice)	Apple and Golden Syrup Sponge with Custard	Chocolate Cookie - with Fruit Slices (Fruity!)

AVAILABLE DAILY

FRESH FRUIT, SALAD, YOGHURT AND WATER

BAKED POTATOES With a choice of topping (V) (Oily Fish)

(V) Vegetarian (VE) Vegan (Oily Fish) Oily Fish (Fruity!) Fruity! (Wholegrain) Wholegrain
(Nutritionist's Choice) Nutritionist's Choice (H) Halal Available

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

W/C: 16/11/2026, 07/12/2026, 18/01/2027, 08/02/2027, 01/03/2027, 22/03/2027

Menu_217_028291

THREE WEEK MENU

AUTUMN/WINTER 2026

Our new menu chosen by parents and children – Your favourites available every day



Chartwells Schools

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

WEEK 1

FRESH!

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES OPTION 1	Cheese and Tomato Pizza with Nut-Free Pesto Pasta (V)	Bean and Cheese Pastry Turnover with Herby Diced Potatoes (V)	Sweet Potato and Chickpea Roast with Stuffing and Gravy (VE)	Vegan Meatball Baguette with Potato Wedges (VE)	Veggie Fingers with Chips (VE)
HOT DISHES OPTION 2	BBQ Wrap with Rice (V)	Pork Meatball Sub with Herby Diced Potatoes	Roast Chicken with Roast Potatoes, Stuffing and Gravy	Lasagne with a Garlic Doughball	Fish Fingers or Chicken Goujons with Chips
HOT DISHES OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V)
	HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD				
DELI DISHES OPTION 4	Ham Sandwich	Cheese Sandwich (V)	Chicken Sandwich	Cheese Wrap (V)	Egg Sandwich (V)
DELI DISHES OPTION 5	Egg Mayonnaise Sandwich (V)	Ham Wrap	Cheese Wrap (V)	Tuna Mayonnaise Sandwich	Cream Cheese and Cucumber Wrap (V)
	DELI DISHES ARE SERVED WITH MIXED SALAD				
DESSERT	Lemon Cookie (VE)	Chocolate Ice Cream	Apple Crumble with Custard	Chocolate Marble Cake	Chocolate Cripsy with Fruit

TASTY

AVAILABLE DAILY

FRESH FRUIT, SALAD, YOGHURT AND WATER

BAKED POTATOES
With a choice of topping (V) (OF)

(V) Vegetarian (VE) Vegan (OF) Oily Fish (F) Fruity! (W) Wholegrain
(NC) Nutritionist's Choice (H) Halal Available

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

W/C: 02/11/2026, 23/11/2026, 14/12/2026, 04/01/2027, 25/01/2027, 08/03/2027

WEEK 2

FRUITY!

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES OPTION 1	Cheese and Tomato Pizza with Nut-Free Pesto Pasta (V)	Chinese Vegetable Rice (V)	Quorn Roast with Potatoes, Yorkshire Pudding and Gravy (V)	Vegetgable Korma with Rice (V)	Quorn Dippers with Chips (VE)
HOT DISHES OPTION 2	Spicy Tomato Pasta Bake with Garlic Doughball (V)	Cheeseburger with Herby Diced Potatoes	Roast Pork with Potatoes, Yorkshire Pudding and Gravy	Chicken and Sweetcorn Pie with Mashed Potato	Fish Fingers or Chicken Goujons with Chips
HOT DISHES OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V)
	HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD				
DELI DISHES OPTION 4	Ham Sandwich	Cheese Sandwich (V)	Ham Sandwich	Cheese Wrap (V)	Egg Sandwich (V)
DELI DISHES OPTION 5	Egg Mayonnaise Sandwich (V)	Ham Wrap	Cheese Wrap (V)	Tuna and Sweetcorn Wrap	Cheese and Cucumber Wrap (V)
	DELI DISHES ARE SERVED WITH MIXED SALAD				
DESSERT	Chocolate Cookie (VE)	Strawberry Ice Cream	Chocolate Brownie with Fruit	Jam and Coconut Sponge	Ginger Biscuit with Fruit

AVAILABLE DAILY

FRESH FRUIT, SALAD, YOGHURT AND WATER

BAKED POTATOES
With a choice of topping (V) (OF)

(V) Vegetarian (VE) Vegan (OF) Oily Fish (F) Fruity! (W) Wholegrain
(NC) Nutritionist's Choice (H) Halal Available

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

W/C: 09/11/2026, 30/11/2026, 11/01/2027, 01/02/2027, 22/02/2027, 15/03/2027

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