

Newsletter

Friday 6th December 2024

Autumn term issue 13



Letter from the Head

Dear Parent and Carers,

I hope you are all well.

It has been a busy week here and we are looking forward to the next two weeks. We have one or two surprises planned for the children (as always). Over the coming weeks the children are looking forward to dazzling you with their singing, dancing and acting skills.

A very short one from me this week - as I have run out of time (again). But I really wanted to say a big thank you again to you all for your incredibly kind donations for the Christmas hampers. They are always full of amazing goodies, and we raise much needed funds from them every year. At the moment, my office resembles a fusion between a brewery and a cake shop. So a pretty great place to be! But a big thank you to you - and also a special thank you to Miss Leah for organising things at this end.

I hope you all take care this weekend and please stay safe in the storm. I look forward to seeing you all on Monday.

Kind regards

Kieran Walsh



Newsletter



Lannergrams

Well done to everyone who received a
Lannergram this week:

Y1: Miller, George, Freya

Y2: Alissia, Flo, Oakley

Y3: Jason, Ella, Oscar LW

Y4: Gracie, Henry, Jowen

Y5: Riley, Ella_Rose, Makayla

Y6: Darcie, Alexa, Cora



Dates for your diary

- ◇ **Thursday 12th December**— National Christmas jumper day
- ◇ **Thursday 12th December**—Christmas play –
KS1: 2pm –3pm at School
KS2: 5.30pm—6.30pm at St Andrews Church
- ◇ **Tuesday 17th December**—FSU performance
- ◇ **Thursday 18th** - Christmas lunch and Christmas Jumper day
- ◇ **Friday 20th December**—Inset Day
- ◇ **Monday 23rd December**—Friday 3rd January—Christmas holidays.

Word of the week

Our word of the week is – **Expert**

Definition 1 — having to do with special skills or knowledge.

Definition 2 — having a great deal of skill or knowledge.

Sasha is an expert chess player.

Please try and use this word as much as you can with your child.

Newsletter



French word of the week



'Décembre'

Means 'December' in French.

Please try and use this French word as much as you can with your child.

LANNER
Drop-in roadshow event

🕒 10 December, 10am to 12pm
📍 Lanner Community Centre

Food waste, recycling and rubbish changes

TALK TO US FACE-TO-FACE

www.cornwall.gov.uk/wastechanges

Cornwall recycles
Kernow a wra oytglyghya

Change of Address?

If you have had a recent change of address or if you have previously moved and do not think you have updated your details with school, please can you let the office know.

Many thanks

Last week of clubs

Just to let you know that next will be the last week of clubs for this term. There are no after school clubs running during the last week of term.

Kind regards

Children with asthma

If your child has asthma and you have not filled out a consent form or asthma plan, then please collect the forms from outside the school office.

Many thanks

Merry Christmas

Wednesday 18th December 2024

MAINS
Roast Turkey
OR
Squash, Spinach and Cream Cheese Filo Bake

SIDES
Roast Potatoes
Pigs in Blankets
Carrots & Broccoli
Stuffing & Gravy

DESSERT
Festive Chocolate and Ginger Cupcake
OR
Chocolate Pinwheel with Vanilla Frosting

Bookings to be made on gateway before 11th December

Christmas Lunch - Wednesday 18th Dec 🎄 🇬🇧

Please see menu attached.

All bookings to be made by 11th December, please note there will be no jacket potatoes, pasta or sandwich options available on this day, any bookings for these will be removed. If your child does not want the Christmas lunch, please provide a packed lunch from home.

Please select the red main option for Turkey and green vege option for the filo bake (it will show as gammon and Quorn Roast on gateway but bookings will be swapped over)

Children who are on the allergy menu, a separate email has been sent.

Any question, please contact me in the school office.

Many thanks

Newsletter



From January 2025, the MHST team are running a number of Parent/Carer Workshops. These are one-off, one hour long, online workshops with NHS Mental Health Practitioners. These are open to everybody, simply click on the links to register your interest.

A Teams link will be emailed to you from MHST for each workshop prior to the workshop taking place.

MENTAL HEALTH SUPPORT TEAM - MHST
Cornwall Partnership
NHS Foundation Trust

Parents and Carers please join us at our 1hr online **Worry Workshop**

Monday 13th January - 9:30am & 2pm
Tuesday 14th January - 11am & 4pm
Wednesday 15th January - 09:30am & 1:30pm
Thursday 16th January - 11am & 4pm

This workshop aims to provide psychoeducation on "What is worry?" and "Why does my child worry?" Also includes practical strategies for helping children manage their worries.

Worry Workshop -

<https://forms.office.com/e/YR5MeEwtEF>

MENTAL HEALTH SUPPORT TEAM - MHST
Cornwall Partnership
NHS Foundation Trust

Parents and Carers please join us at our 1hr online **Resilience Workshop**

Monday 20th January - 9:30am & 4pm
Tuesday 21st January - 11am & 2pm
Wednesday 22nd January - 11:30am & 4pm
Thursday 23rd January - 9:30am & 1:30pm

This workshop aims to talk about the meaning of resilience, explore building resilience and look at how and when a young person should ask for help.

Resilience Workshop -

<https://forms.office.com/e/TE2UmBzrHK>

MENTAL HEALTH SUPPORT TEAM - MHST
Cornwall Partnership
NHS Foundation Trust

Parents and Carers please join us at our 1hr online **Sleep Workshop**

Monday 3rd February - 11am & 4pm
Tuesday 4th February - 9:30am & 2pm
Wednesday 5th February - 9:30am & 1:30pm
Thursday 6th February - 11am & 1:30pm

This workshop aims to provide psychoeducation on sleep hygiene and sleep routines. Also includes practical strategies for helping children.

Sleep Workshop -

<https://forms.office.com/e/7ac7qHLPhc>

MENTAL HEALTH SUPPORT TEAM - MHST
Cornwall Partnership
NHS Foundation Trust

Parents and Carers please join us at our 1hr online **Behaviour Workshop**

Monday 27th January - 9:30am & 2pm
Tuesday 28th January - 11:30 am & 4pm
Wednesday 29th January - 9:30am & 1:30pm
Thursday 30th January - 11:00am & 4pm

This workshop provides parents with practical strategies to foster positive behaviour and communication at home.

Behaviour Workshop -

<https://forms.office.com/e/1PwGDxSQ40>

Random fun fact of the week!



The world's tallest Christmas tree was decorated and displayed in Washington in 1950. It was 221ft high...

...that is roughly the size of 15 double decker buses stacked on top of each other!