

# Newsletter

Friday 21st June 2024

Summer term issue 9



## Letter from the Head

Dear Parent and Carers

SPORTS WEEK next week! We cannot wait. It is our favourite week of the year and I hope the children have lots of fun. We have a whole host of activities lined up for them, both physical and educational.

Please can you ensure your child comes to school everyday in their PE kits, with water bottles - and please can you ensure they have any medication with them. **ESPECIALLY ASTHMA** inhalers. We are sadly seeing an increase in children's asthma conditions worsen as we head into the pollen season, so just a reminder that their (in date) inhalers are at school. Thank you.

**Bike helmets:** Next week we will be handing out bicycle helmets to any children that need them. From YN all the way up to Y6. They will be placed outside school, so please take one if you need one. We were very fortunate to receive all of these helmets from Falmouth Cycles for FREE. So please help yourself - there's even some adult sized ones too.

That is all from me this week - we cannot wait to see you next Wednesday and lets all keep our fingers crossed that the weather plays ball.

Kind regards

Kieran Walsh



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## Lannergrams

Well done to everyone who received a  
Lannergram this week:

**Y1:** Callum, Eliza, Maddison

**Y2:** All of Year 2

**Y3:** All of Year 3

**Y4:** Miles, Jack, Finley

**Y5:** Year 5 Non-campers & Year 5 Campers

**Y6:** Oscar, Tyler, Bobby



### Dates for your diary

w/c 24th June. Sports week

Tuesday 11th June—School group photos

Monday 17th—Wednesday 19th June -  
Year 5 camp

Wednesday 26th June—Sports Day

Friday 12th July—Summer Fair—3pm

Thursday 18th July—last day of term  
Nursery only.

Friday 19th July—Last day of term

### Attendance

Group	% Attend
Year 1	90.4
Year 2	91.0
Year 3	98.2
Year 4	95.9
Year 5	85.7
Year 6	95.8
<b>Totals</b>	<b>92.8</b>

### Word of the week

Our word of the week is –

### Athletic

Definition 1 : talented or active in sports and other physical activities.

Definition 2 : having to do with sports and other physical activities.

*The athletic equipment is in good condition.*

Please try and use this word as much as  
you can with your child.

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**French word  
of  
the week**



'journée sportive'  
means  
'sports day' in  
in French.



Please try and use this French word as much as you can with your child.

**10 Top Tips for Parents and Educators PROMOTING PHYSICAL WELLBEING**

Physical activity isn't only beneficial for our bodies, it also plays a role in promoting mental wellbeing. With both the Euros and the Olympics this summer, it's an opportunity to engage young people in regular exercise which can reduce stress, improve mood and boost self-esteem. Despite these benefits, many children face barriers to participating in physical activity.

- 1 MAKE IT FUN**  
Encourage children to play and engage in fun activities that they enjoy. This could be anything from playing in the park to playing a game of tag. Encourage children to play with friends and family.
- 2 MIX MOVEMENT WITH LEARNING**  
Encourage children to engage in physical activity that is also educational. This could be anything from playing a game of tag to playing a game of hide-and-seek.
- 3 CREATE OPPORTUNITIES**  
Encourage children to engage in physical activity that is accessible to them. This could be anything from playing in the park to playing a game of tag.
- 4 PROVIDE POSITIVE REINFORCEMENT**  
Encourage children to engage in physical activity that is fun and enjoyable. This could be anything from playing in the park to playing a game of tag.
- 5 VARIETY IS KEY**  
Encourage children to engage in physical activity that is fun and enjoyable. This could be anything from playing in the park to playing a game of tag.
- 6 ENJOYMENT OVER COMPETITION**  
Encourage children to engage in physical activity that is fun and enjoyable. This could be anything from playing in the park to playing a game of tag.
- 7 SET REALISTIC GOALS**  
Encourage children to engage in physical activity that is fun and enjoyable. This could be anything from playing in the park to playing a game of tag.
- 8 MAKE IT ACCESSIBLE**  
Encourage children to engage in physical activity that is fun and enjoyable. This could be anything from playing in the park to playing a game of tag.
- 9 LEAD BY EXAMPLE**  
Encourage children to engage in physical activity that is fun and enjoyable. This could be anything from playing in the park to playing a game of tag.
- 10 ENCOURAGE PERSISTENCE**  
Encourage children to engage in physical activity that is fun and enjoyable. This could be anything from playing in the park to playing a game of tag.

Meet Our Expert  
Adam Griffith is a learning and development specialist who, as well as working for Lanner School, is a regular contributor to the professional development journal and a regular presenter at various conferences. He was selected to be a guest on the 'Wake Up Wednesday' podcast for Lanner School.

Wake Up Wednesday  
The National College

@wake\_up\_weds | #wakeupwednesday | @wake.up.wednesday | #wake.up.weds

**Lanner Community Centre Welcomes**

**LittleLand**  
CHILDREN'S ROLE PLAY

A completely mobile Roleplay Session for Children ages 1-6 years old.  
10.30am-11.45am  
Friday 28th June  
£5 per child cash only  
but you must book on the website as well



This week's discussion is:  
**Can a baby commit a crime?**  
Please try to discuss this week's question with your child.

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## Raffle Tickets

Plans are well underway for our Summer Fair on Friday 12th July.

A big thank to the following businesses who have kindly donated to our summer fair on Friday 12th July.

Raffle tickets are 50p per ticket, if you require more tickets please come to the office.

Lappa Valley  
Hall for Cornwall  
National Maritime Museum Cornwall  
BORNE FIT  
Cornish Seal Sanctuary  
Flambards  
Screech Owl Sanctuary & Animal Park  
Furniss of Cornwall  
The Land's End Hotel  
Player Ready Truro Virtual Reality, Escape Rooms & VR Racing  
Locked In - Escape Rooms Cornwall  
The Cornish Oven  
Baker Tom's  
The Greenbank Hotel  
Countryman Inn

If you know of anyone that would like to kindly donate a prize to our summer fair please contact the school office.

Many thanks for your continued support.

the school office

**Random fun  
fact of the week!**



**Did you know that sports have been played on the moon?**

Forty years ago this Sunday, Apollo 14 astronauts Alan Shepard and Edgar Mitchell played sports on the lunar surface. Shepard famously hit golf balls with a modified six-iron, and Mitchell threw a javelin.