




YEAR 2 SCIENCE – ANIMALS, INCLUDING HUMANS: BASIC NEEDS

Tier 3 Vocabulary	Knowledge Facts	Recommended Reads
Old – Having lived for many years	A baby grows into a toddler, child, teenager, adult and elderly.	
Young – Not old – not lived for very long	Humans need food, oxygen, water and shelter in order to survive.	
Toddler – A young child who is beginning to walk	We need to eat a balance of fats, carbohydrates, protein, fibre and vitamins in our diet in order to be healthy.	
Elderly – In the later stages of their life.	We need to wash our hands, bodies and clothes to stay clean.	
Change – To make or become different.	Exercise is needed to stay healthy as the heart has to work harder during exercise.	
Survive – To remain alive	<p>National Curriculum End Points</p> <p>I can find out about and describe the basic needs of animals, including humans, for survival (water, food and air).</p> <p>I can describe the importance for humans of exercise, eating the right amounts of different types of food, and hygiene.</p>	
Healthy – Being well and not sick		
Balanced Diet – To eat a range of food from different groups		<h3 style="text-align: center;">The 'eatwell' plate</h3> <ul style="list-style-type: none"> Comprises of 5 different food groups 
Hygiene – To stay clean		