



Letter from the Head

Dear Parents/Carers,

A very warm welcome back to you all.

On Monday the whole staff had a Crofty Inset day where we looked at a range of topics from early developmental writing to healthy living. One of the speakers was a lady called Rachel Mackenzie (former Thai boxing and British title winning boxing champion). She is now a health and wellbeing expert, delivering a whole range of services to different sectors. Her talk was very motivational and powerful. Some of the facts and data that she shared with us was very worrying, especially in the world that we now live and especially considering the awful weather we have been experiencing and the lack of outdoor activities that some children are exposed to. Everything from mental health issues, lower life expectancies, and lower incomes etc can all be linked back to lower levels of physical activity as a child. This coupled with the growing battle we face with screen time and phones etc really is a worry. Add into this mix, other factors such as poor diets and the risks really do hit another level... It really got me thinking. A few months ago I had put a message out to parents that I was becoming increasingly concerned with the number of crisp packets that are scattered around the playground after morning breaks (KS2). The children have left KS1, having only ever eating fruit as a morning snack, to then enter KS2 where the rules seem to disappear. So over the coming months we will be phasing out unhealthy snacks in KS2. It would be great if we could get your support on this as soon as possible, as come September 2026, it will be a fruit only morning snack for the entire school. I would encourage you to have a look at Rachel's website as it really is an interesting read. <https://www.rachaelfmackenzie.com/>

I am looking forward to taking some of the Y6s out on a rugby tournament tomorrow, so I shall report back on how they got on. Rugby is not really my strong point - but I do enjoy watching it and playing it with the children. We are blessed here to have some talented staff, however we do lack in certain niche sporting areas. If ever you wanted to volunteer your own special skill set, (assuming you have one) and maybe run a club or deliver a few sessions of your specialist sport - please do let me know. I am always amazed to find out how some of our 'family' are experts in certain areas and it goes unnoticed - be it cricket, rugby, volleyball, skateboarding... the list goes on.

That is all from me this week, have a great weekend and we look forward to seeing you all on Monday.

Kind regards

Kieran Walsh



Newsletter

Lannergrams

Well done to everyone who received a
Lannergram this week:

Y1: Jake, Lainey, Jowan

Y2: Ben, Lexie, Ollie

Y3: Zak, Flo, Giovanni

Y4: Malakai, Jason, Finley

Y5: All of Year 5

Y6: Cinar, Ellie, Kezia



Dates for your diary

- **Thursday 5th March** – World Book Day & St Piran's Day menu
- **Friday 3rd—Friday 17th April**—Easter holidays
- **Monday 4th May**—Bank holiday
- **Monday 25th—Friday 29th May**—Half term
- **Monday 20th—Thursday 23rd July**—inset days
- **Friday 24th July**—start of summer holidays

Word of the week

Our word of the week is – **examine**

Definition 1 — to test by asking questions

Definition 2 — to look at closely and carefully.

We examined a leaf with a magnifying glass.

Please try and use this word as much as
you can with your child.

Newsletter

**French word
of
the week**



'le livre'
Means 'the book'
in French

Please try and use this French word as much as you can with your child.



5th March 2026

World Book Day is approaching and to celebrate we will be dressing up as "exciting adjectives!"

Have a chat with your child about interesting adjectives they could bring to life — and get creative with costume ideas together. The more imaginative, the better!

We can't wait to see all of your wonderful outfits on the day

Book tokens will be coming home with children this week. Please follow the below link to see all the fantastic books that are available for £1.00 with your voucher.

<https://www.worldbookday.com/books/>

You are invited to our

St Piran's World Book Day Celebration.

GEDDON!

Bedtime snack | Stories | Games & Crafts | Dancing

**Thursday 5th March
18:00-19:15
at Redruth Library**

Our theme this year is stories from Cornwall. This event is aimed at children aged 4+ but siblings welcome. Booking required.

Scan the QR code to book tickets.



